

Noise Sensitivity Track

Curriculum Outline

Module: First Lessons to Teach Rover

- Lesson: Teach Rover "Pick" to Empower Her with Choice
- Lesson: How to Teach "Touch"
- Lesson: The "Be A Dog" Relaxation Protocol (Step 1)
- Lesson: How to Calm Rover with Petting (Step 2)

Module: ELEVE-EIGHT

- Lesson: HABS & ADA[D] Formulas
- Lesson: Setting Up Experiments Using the ADA[D] Formula (Example)
- Lesson: Finding Rover's Threshold Line
- Lesson: Dog Body Language Breakdown
- Lesson: Creating Rover's Threshold Statements
- Lesson: Data Debrief #1
- Lesson: Introduction to Eleve-Eight
- Lesson: 11 Steps to Treating Rover's Reactivity
- Lesson: Eleve-Eight Method for Creating Training Plans
- Lesson: Ex. Creating Training Plan for Noise Sensitivity
- Lesson: Eleve-Eight Method for Logging Data
- Lesson: K9 KPI's Measure Rover's Progress
- Lesson: Human KPI's Measure Guardian's Progress
- Lesson: Read This Before Moving Onto Next Lesson in this Module
- Lesson: Eleve-Eight Method for Analyzing Data

Module: Noise Sensitivity in the Home & Backyard

- Lesson: "How to Video Noise Triggers Inside the Home?"
- Lesson: Read this before watching next lessons
- Lesson: Noise Sensitivity Inside the Home
- Lesson: Training to Stimuli Around Home From Inside
- Lesson: Preventing Rover's Reactivity in the Backyard
- Lesson: Rover Stays Calm While a Trigger is Near in the Backyard
- Lesson: Rover Plays in the Backyard While His Trigger is Near

Module: FAQ & Group Discussion You May Find Helpful

- Lesson: FAQ: "If I feed after Rover barks, am I rewarding the bark?"

- Lesson: FAQ: "If Rover faces multiple triggers every day, do I log every single event?"
- Lesson: "The Reset Protocol"
- Lesson: Discussion: ELEVE-EIGHT Protocol Run Through
- Lesson: Discussion: All about "Desensitization" - What it is & How to Implement
- Lesson: Vid Review Ex: Breaking Big Events that are triggering to Rover down into small steps

Helpful OPTIONAL Games You May Want to Teach Rover

- Lesson: How to Pet Rover with Consent
- Lesson: Arousal Control Games
- Lesson: Read This Before Moving Onto Next Lessons
- Lesson: Steps 6 & 7- En /Dis
- Lesson: (Step 7) The "I'm Here, Too" Game
- Lesson: (Steps 8 & 9) The 1, 2, 3 Game
- Lesson: (Steps 8 & 9) Teach Rover a Trick
- Lesson: (Step 9) Behavior
- Lesson: (Steps 8, 9, 10) Put all the skills together
- Lesson: (Step 10) Fade Out Treats
- Lesson: (Step 11) Conditioned Intrinsic

Module: The New Normal

- Lesson: Creating a Lifelong Enrichment Routine
- Lesson: Read This Before Graduation