

Leash Reactivity/Aggression Track

Curriculum Outline

- Module: Introduction to This Track

Module: First Lessons to Teach Rover

- Lesson: Teach Rover "Pick" to Empower Her with Choice
- Lesson: How to Teach "Touch"
- Lesson: The "Be A Dog" Relaxation Protocol (Step 1)
- Lesson: How to Calm Rover with Petting (Step 2)

Module: The Dog, Breed, Self Method

- Lesson: Learning the Dog, Breed, Self Method
- Lesson: The Best Way to Meet Your Dog's Mental Health (on a Genetic Level)
- Lesson: Enrichment Activity #2 - Your First Draft at an Enrichment Routine
- Lesson: Enrichment Activity #3 - Making Your Enrichment Routine More Time Efficient

Module: ELEVE-EIGHT (Part 1)

- Lesson: Teaching Rover his Flight cue – How to play Follow the Leader
- Lesson: HABS & ADA[D] Formulas
- Lesson: Finding Rover's Reactivity Threshold Line
- Lesson: Reactivity: All Dog Body Language Breakdown
- Lesson: Creating Rover's Threshold Statements
- Lesson: Data Debrief #1

Module: Muzzle & Harness Training

- Lesson: Read This Before Watching Lessons
- Lesson: Step 1: Exposing Rover to the Leash and/or Harness
- Lesson: Step 2: Getting Rover's Harness On Fully
- Lesson: Muzzle Training
- Lesson: Step 3: Practically Incorporating the Leash & Harness Before the Goodbye

Module: Conversations with People About Rover's Reactivity/Aggression

- Lesson: Read This Before Watching Lessons
- Lesson: Finding the RIGHT Groomer for Rover
- Lesson: Convos with Helper People In Training Sessions w/ Rover
- Lesson: Convos w/ Family Who Do Not Support or Understand Your Training Methods

- Lesson: Convos with Vets & Vet Staff
- Lesson: Information on Veterinary Behaviorists ("VB")

Module: Intro to Phase 2

- Lesson: Phase 1 Reflections

Module: ELEVE-EIGHT (Part 2)

- Lesson: Introduction to Eleve-Eight
- Lesson: 11 Steps to Treating Rover's Reactivity
- Lesson: Eleve-Eight Method for Creating Training Plans
- Lesson: Eleve-Eight Method for Logging Data
- Lesson: K9 KPI's Measure Rover's Progress
- Lesson: Human KPI's Measure Guardian's Progress
- Lesson: "The Reset Protocol"
- Lesson: Read This Before Moving Onto Next Lesson in this Module
- Lesson: Eleve-Eight Method for Analyzing Data

Module: Reactivity/Aggression Training (Steps 5-11)

- Lesson: Arousal Control Games
- Lesson: Read This Before Moving Onto Next Lessons
- Lesson: (Step 5) Let's Get Outta Here In The Real World
- Lesson: (Step 5) Put "Let's Get Outta Here" on Cue
- Lesson: (Step 5) "Behind Me"
- Lesson: (Step 6) Change Rover's Association of Trigger (Part 1 of 2)
- Lesson: (Step 6) Change Rover's Association of Trigger (Part 2 of 2)
- Lesson: (Step 7) Get Rover to look back at you when he sees a trigger (Part 1 of 2)
- Lesson: (Step 7) Inform Rover there's a trigger in the space (Part 2 of 2)
- Lesson: (Step 7) The "I'm Here, Too" Game
- Lesson: (Steps 8 & 9) The Plate Game
- Lesson: (Steps 8 & 9) The 1, 2, 3 Game
- Lesson: (Steps 8 & 9) Teach Rover a Trick
- Lesson: (Steps 8 & 9) "Be A Dog" Relaxation Protocol in the Real World
- Lesson: (Step 9) Behavior
- Lesson: (Steps 8, 9, 10) Put all the skills together
- Lesson: (Step 10) Fade Out Treats
- Lesson: (Step 11) Conditioned Intrinsic

Module: How to Help Rover if He Can't Even Walk Out the Front Door

- Lesson: How to Help Rover if He Can't Even Walk Out the Front Door
- Lesson: Read this for "Next Steps"

Module: Reactivity: Troubleshooting Obstacles

- Lesson: Intro to this Section
- Lesson: "When do you know you've hit a plateau?"

Module: Intro to Phase 3

- Lesson: Phase 2 Reflections

Module: Loose Leash Walking Skills

- Lesson: Difference between "Let's Get Outta Here" vs "With Me"
- Lesson: Foundations of a Good Loose Leash Walk
- Lesson: Get Rover to Leave the House Calmly
- Lesson: Get a Loose Leash Walk Around the Neighborhood
- Lesson: Practice the Leash Walk Near Rover's Trigger (Step 9)

Module: The New Normal

- Lesson: Creating a Lifelong Enrichment Routine
- Lesson: Read This Before Graduation